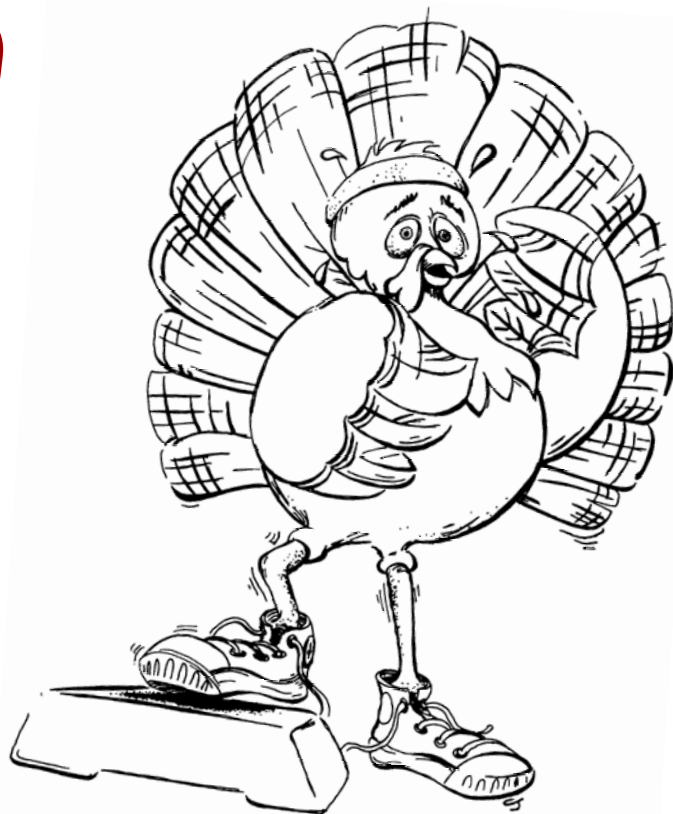


Turkey Stomp

Gravy Splash



Let's "sweat together" at
Chinn Aquatics & Fitness Center
Thanksgiving morning!

November 26, 2006

90-minute land workout or 60-minute water workout
with a variety of instructors and tons of fun!!

Land class 8:30 - 10 AM

Water class 8:30 - 9:30 AM

Pre-registration \$15

Day of event \$18

For more information, contact Leslie Stone, Fitness Coordinator, at
703-730-1060 or e-mail lstone@pwcparks.org.